



Register Before
Dec 9th and
SAVE! \$15

Keep a lookout for the
2012 Spring Break
Camp Brochure

SUNDAY YOUTH PROGRAMS January 15 to March 18, 2012



Dance: Hip Hop and Jazz

Ages 6-11, New Westminster campus. Sundays 2pm – 4pm

A great way to stay active and meet new friends while learning the basics of hip hop and jazz dance. Students will be led through warm-up and stretch, basic hip hop movements and choreography, as well as dance games in a fun and safe environment. The Camp is suitable for beginners (0-3 years dance experience) for both boys and girls.

Computers

Ages 9-15, New Westminster campus, Sundays 10am - 12pm

Exercise your brain with this weekly computer course. Participants will undertake mini-projects while learning how to create professional advertisements, fun greeting cards, newsletters, brochures, flyers and basic web pages. Adobe Photoshop, Microsoft Office, and Microsoft FrontPage are just 3 of the programs students will be using.



Badminton

Ages 7-19, New Westminster campus, Sundays 11am - 1pm

Players will be divided by age and skill level



The academy is run under the supervision of performance director Arif (Al) Mawani and assisted by certified coaches. Al is the head coach for the national champion Douglas College badminton team and BC's provincial teams. Emphasis will be on skill development.

Table Tennis

Ages 9-18, New Westminster campus

Saturdays 10am - 1pm, January 14 - March 24 & Sundays 12pm - 3pm, January 15 - March 25

Receive a \$15 discount when you sign up for both Saturday and Sunday

The Shuttlesport Douglas College Table Tennis Academy is geared for those who want to improve their game and play competitive table tennis as part of a team. It is run under the direction of Performance Director Arif (Al) Mawani and expert coach David Gatiss. This Sunday program will cover: Basic, intermediate, and advanced skills, game tactics, competitive ladder and preparation for competitions, and fitness and movement skills.

Basketball

Ages 8-15, New Westminster campus, Sundays 2pm - 4pm

Players will be divided by age and skill level

Hoop it up with college level players and coaches. This program teaches all phases of the game from passing, dribbling and shooting, to defense, rebounding and 1 on 1 moves. Learn from some top lower mainland basketball coaches. Take your game to the next level and get ready for the upcoming season with the Junior Royals Basketball Camp.

Soccer

Ages 5-15, New Westminster campus

Sundays 5pm - 6pm (Ages 5-8) and 5pm - 6:30pm (Ages 9-15)

This academy provides developmental soccer training. Coaches focus on individually improving the athlete's skill, endurance, agility and teamwork. The academy is run under the supervision of Max McRae, one of BC's premier youth development coaches.



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Winter 2012
DOUGLAS COLLEGE YOUTH
PROGRAMS
Registration Form

Please print:

Surname: _____ First Name: _____

Address: _____ Unit #: _____

City: _____ Province: _____ Postal Code: _____

Home phone: _____ Cell: _____

Email: _____ Male Female

DOB: DD / MM / YYYY

- Badminton..... 11am-1pm \$100
- Basketball 2pm-4pm \$100 (\$85 before Dec 9)
- Computers 10am-12pm \$100 (\$85 before Dec 9)
- Dance 2pm-4pm \$100 (\$85 before Dec 9)
- Soccer (5-8yrs)..... 5pm-6pm \$125 (\$110 before Dec 9)
- Soccer (9-14yrs)..... 5pm-6:30pm \$175 (\$160 before Dec 9)
- Table Tennis (**Sat**) 10am-1pm \$184.80
- Table Tennis (**Sun**) 12pm-3pm \$184.80

Sundays
Jan 15 to Mar 18
No session Jan 21-22

Method of Payment: please tick one box

- Cheque enclosed, payable to **Douglas College**
- VISA MasterCard

Card #: _____ Expiry Date: _____

Name on Card: _____ Signature: _____

Mail to:
Youth Camp Coordinator
Room 1300B
CCL, Douglas College
PO Box 2503
New Westminster, BC V3L 5B2

Fax to: 604-527-5032
Tel: 604-527-5680
Register Online: www.douglascollege.ca/youthcamps

Walk-in:
Room 1300B
Douglas College
700 Royal Ave
New Westminster

AWARENESS OF RISK: I hereby approve of my child's attendance in the Douglas College Youth Camps program and certify that he/she is in good health and able to participate in the program activities. I authorize that the directors act for me according to their best judgment in any emergency requiring medical attention and waive and release all rights and claims that arise out of my traveling to, participating in, or returning from the program. I understand and I am aware of the associated risks with participation within such a program.

RELEASE WAIVER: I understand that photos/ video footage maybe taken to promote future Douglas College Youth program either as print or internet media. I give full authorization to Douglas College to utilize photos/video footage and acknowledge no compensation of any sort shall be received.

SIGN IN/OUT PROCEDURE: For security reasons, parents or guardians must sign in and sign out their child each session. Parents of participants who are over the age of 12 can sign a waiver releasing their child from this policy allowing their child to sign in and out themselves. This form can be found online and will be made available on the first day of the program.

Medical Issues, If any: _____ (ie. Allergies)

Guardian's Name: _____ Guardian's Signature: _____