

## Job Description

**POSITION:** Recreation Therapist, Adolescent Day Treatment Program

**LOCATION:** Abbotsford Regional Hospital and Cancer Centre

**PROGRAM/SERVICE:** Adolescent Day Treatment Program

**REPORTS TO:** Clinical Coordinator, Adolescent Programs

**BARGAINING ASSOCIATION:** Health Science Professionals Bargaining Association

**BARGAINING UNIT:** Health Sciences Association (HSA)

**CLASSIFICATION:** Recreation Therapist - Bachelor's - Staff

**JOB DESCRIPTION NUMBER:** P6580

**JOB CODE:** P\_39400

### **JOB SUMMARY:**

Reporting to the Clinical Coordinator, and as a member of a multi-disciplinary treatment program, the Recreation Therapist plans, develops, organizes, implements, documents and evaluates meaningful recreation programs and leisure activities which address the physical, social, spiritual, emotional, intellectual and cultural needs of adolescents attending the Adolescent Day Treatment Program. From a community-based perspective, assesses clients, develops care plans and provides recreation therapy interventions to address restoration of psychosocial functioning and recovery.

### **DUTIES & RESPONSIBILITIES:**

1. Assesses client level of functioning, interest, goals, objectives, and capacity to participate in leisure/recreation activities by methods such as taking leisure histories, using leisure assessments, reviewing background information, and documenting client's conditions, abilities and interests.
2. Provides therapeutic recreation individual and group interventions and leisure experiences to restore leisure functioning, promoting psychosocial health and recovery.
3. Participates in multi-disciplinary team conferences, family conferences, discharge planning conferences and other team meetings as required.
4. Provides leisure education for youth in the Day Treatment Program.
5. Facilitates integration into the community, working towards an independent leisure lifestyle.
6. Liaises between client, community resources, and other members of the interdisciplinary team, and initiates and maintains a community resource network.
7. Serves as a resource person in matters related to leisure and recreation by providing educational sessions to clients, program staff, and other health care professionals, participating in multidisciplinary team conferences, by sharing expertise, by making recommendations on the purchase of related equipment and supplies.
8. Completes required reports, records and workload statistics. Maintains files and records in accordance with program standards and procedures.
9. Maintains knowledge of current developments in evidence-based therapeutic recreation practice by methods such as reviewing relevant literature, consulting with other health care professionals, and attending relevant education programs to enhance the delivery of client care.
10. Participates in quality improvement initiatives and Research as required.
11. Performs other related duties as assigned.

### **QUALIFICATIONS:**

#### **Education, Training & Experience**

