

**COUNSELLING SERVICES**  
**2005/2006**

**STUDENT CONTACT**  
 Fiscal Year 2005/2006

Student Visits <sup>1</sup>	3,222
Group Sessions (Workshops/Seminars)	28
Number of students served in group sessions	353
Guest Presentations to classes	22

**STAFFING (POSITIONS)**

Counsellors	6.25
-------------	------

**GROUP SESSION TOPICS (Workshops/Seminars)**

- Assertive Communication
- Introduction to Career Planning
- Oral Presentations
- Lifestyle Balancing
- Stress Management
- Study Skills
- Test Anxiety
- Time Management
- Tips for Student Success
- Healthy and Unhealthy Relationships

**ADDITIONAL COUNSELLING RESPONSIBILITIES**

- College Committee Participation
- Counselling Services Evaluation
- Development and Maintenance of Career Resource Centre
- External Professional Activities
- Training and Supervision of Peer Support Workers
- Supervision of Master's Practicum Students
- Supervision of Community Social Service Worker practicum student

<sup>1</sup> Includes both students and prospective students. Multiple contacts are possible.

Source: Counselling Records and Annual Report