

## Career Planning Internet Sites

### GENERAL CAREER EXPLORATION

1. [www.careercruising.com](http://www.careercruising.com)  
**Username:** Douglas    **Password:** careers
  - Career details, multimedia interviews, college & university information
2. [www.workfutures.bc.ca](http://www.workfutures.bc.ca)
  - British Columbia occupational outlooks – provides employment facts and info about trends in today's labour market
3. <http://www.workingincanada.gc.ca/>
  - Outlook of occupations across Canada
4. <http://www.students.ubc.ca/careers/students/> or <http://www.umanitoba.ca/student/counselling/WhatCanIDo.html>
  - What can I do with my major? Browse careers areas by degrees

### EXPLORING EDUCATIONAL PROGRAMS AND COURSES

1. [www.educationplanner.bc.ca](http://www.educationplanner.bc.ca)
  - Search programs by field of study, subject, school or length
  - Admission requirements, tuition fees, start dates and costs
2. [www.bccat.bc.ca](http://www.bccat.bc.ca)
  - List of all B.C. post-secondary institutions
3. <http://www.bctransferguide.ca/>
  - How courses transfer to other institutions in Western Canada
4. <https://coursesbc.ca/>
  - List of courses offered online at BC institutions

## **OTHER RESOURCES**

1. [www.studyabroad.com](http://www.studyabroad.com)
  - If you are considering studying outside of Canada, this site includes links to study abroad programs in more than 100 countries
2. [www.cicic.ca](http://www.cicic.ca)
  - Process for assessing foreign credentials
  - Information about recognition of study abroad programs
3. <http://www.smallbusinessbc.ca/>
  - Resource center for starting and developing a business
4. [www.lmer.ca](http://www.lmer.ca)
  - Free career planning and job searching workshops
  - Self employment training programs

## **SELF ASSESSMENTS**

1. [www.keirsey.com](http://www.keirsey.com)
  - Click on “ Take the Keirsey Temperament Sorter (KTS-II)”
  - Free self-assessment personality questionnaire
2. [www.humanmetrics.com](http://www.humanmetrics.com)
  - Myers-Briggs (free) online test (click on “Jung typology test”)
3. <http://www.onetonline.org/>
  - Under “Advanced Search” search by values or interests
  - Complete the Interest Profiler (My Next Move) for Holland Code

## **VOLUNTEERING**

1. [www.govolunteer.ca](http://www.govolunteer.ca)
  - Connect to volunteer opportunities in B.C & Alberta
2. <http://volweb.ca/>
  - Short-term volunteer opportunities at events
3. [www.coquitlam.ca](http://www.coquitlam.ca)
  - City of Coquitlam volunteer opportunities (click on “Jobs & Volunteering”)