

M: Course Objectives / Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. Safely and competently perform all course skills in the laboratory setting.
2. Provide care and assistance for residents experiencing complex health challenges.
3. Provide person-centered care and assistance that recognizes and respects the uniqueness of each individual resident.
4. Perform personal care skills in an organized manner ensuring the comfort and appropriate independence of the client/resident.
5. Use an informed problem-solving approach to provide care and assistance that promotes the physical, psychological, social, cognitive and spiritual well-being of residents and families.
6. Successfully apply problem-solving and critical thinking skills to increasingly complex situations.
7. Provide personal care and assistance competently in ways that maintain safety for self and others.
8. Perform the care-giver role in a reflective, responsible, accountable and professional manner within the parameters of the HCA role.
9. Communicate clearly, accurately and in sensitive ways with residents and families.
10. Interact with other members of the healthcare team in ways which contribute to effective working relationships and the achievement of goals.
11. Recognize and respond to own self-development, learning and health enhancement needs.

N: Course Content:

NOTE: All skills are taught in such a way that both facility and community contexts are recognized.

Consolidation of laboratory skills from HCSW 1105

- Problem-solving when carrying out care-giving procedures.
- Asepsis and Prevention of Infection:
 - Cleaning of equipment (in the home).
- Promoting personal hygiene.
- Moving, positioning and transferring a client/resident.
- Bedmaking.
- Promoting exercise and activity.
- Promoting healthy nutrition and fluid intake:
 - Preparing simple, nutritionally sound meals (in the home)
 - Practicing safe food handling and storage
 - Using food preparation equipment
- Promoting urinary and bowel elimination.
- Heat and cold applications
- Assisting with Medications

Promoting comfort, rest, and sleep

- Admitting a person to a facility.

Measuring vital signs

- Measuring height and weight.
- Measuring body temperature.
- Monitoring pulse and respirations.
- Being familiar with differing types of equipment.
- Reporting and recording vital signs.

Assisting with oxygen needs

- Safe use of oxygen.
- Recognizing oxygen concentrators, tanks (compressed oxygen) and liquid oxygen.
- Dealing with oxygen tubing.

Home management

- Application of agency policies and procedures.
- Assessing the home for safety risks (for client and caregiver).
- Fire hazards and safety precautions.
- Applying principles of asepsis, safety, and organization when:
 - Cleaning kitchens
 - Cleaning bathrooms

<ul style="list-style-type: none"> ○ Cleaning other parts of a home ● Care and handling of laundry (including body substance protection). ● Properly disposing of incontinence products. ● Using common cleaning agents (application of WHIMS). ● Using appliances and equipment safely. ● Using body mechanics in a home environment. ● Dealing with emergencies in the home. <p>Specialized care for the dying client/resident in line with palliative care principles</p> <p>Personal Assistance Guidelines</p> <ul style="list-style-type: none"> ● Current Personal Assistance Guidelines of the Health Authority of the region. ● Procedures that are designated as delegated or assignable tasks in respect to HCA (CHW/Home Support Worker) practice. ● Assignable tasks for clients/residents who can direct own care. ● Delegated tasks for clients/residents who can direct own care. ● Delegated tasks for clients/residents unable to direct own care. ● Legal implications involved in performance. ● Healthcare professionals responsible for assigning and delegating tasks. ● Principles and rationale underlying safe and efficient performance of delegated or assigned tasks. ● Basic procedures involved in the safe, efficient performance of these tasks. ● Community resources and supports.
<p>O: Methods of Instruction:</p> <p>Lecture/practice Group discussion/group activities Audio-visual materials Case studies/simulation Clinical experiences</p>
<p>P: Textbooks and Materials to be Purchased by Students:</p> <p>A list of recommended textbooks and materials is provided to students at the beginning of the semester.</p>
<p>Q: Means of Assessment:</p> <p>Course evaluation is consistent with Douglas College course evaluation policy. An evaluation schedule is presented at the beginning of the course.</p> <p>This is a <u>MASTERY</u> course. Students will receive a detailed outline of performance expectations at the beginning of the course.</p>
<p>R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR</p> <p>No</p>

 Course Designer(s)

 Education Council / Curriculum Committee Representative

 Dean / Director

 Registrar