



EFFECTIVE: JANUARY, 2011
CURRICULUM GUIDELINES

A. Division: **Education** Effective Date: **January 2011**

B. Department / Program Area: **Psychiatric Nursing
 BSPN Degree Program
 Diploma Program** Revision New Course

If Revision, Section(s) Revised: **D, F, G, H, K, M, N**

Date of Previous Revision: **October 2007**

Date of Current Revision: **October 2010**

C: **PNUR 4585** D: **Psychiatric Nursing in Addictions and Mental Health** E: **3**

Subject & Course No.	Descriptive Title	Semester Credits						
F:	<p>Calendar Description: This course will provide psychiatric nursing students with current knowledge related to working with clients with addictions including concurrent disordered clients. Included in this course are the historical and cultural contexts of addiction, the co-occurrence of mental health disorders with substance abuse, theoretical paradigms and principles of substance use disorders. Identification, screening and assessment techniques are explored using a systems framework (Neuman Systems Model of Nursing). Common co-occurring physiological disorders associated with addictions will be presented including the role for Harm Reduction. The roles and responsibilities of the psychiatric nurse in caring with diverse populations experiencing substance abuse will be explored. Recognition of the needs of specialized populations suffering with addictions is highlighted including: adolescent, geriatric, health care professionals, women, families and concurrent disordered clients. In addition, various integrated models of intervention are considered. Communications skills required by psychiatric nurses to care for this population will also be addressed.</p>							
G:	Allocation of Contact Hours to Type of Instruction / Learning Settings	H: Course Prerequisites: NIL						
	Primary Methods of Instructional Delivery and/or Learning Settings: Lecture (in class) OR On-line Delivery Methods	I: Course Corequisites: NIL						
	Number of Contact Hours: (per week / semester for each descriptor) 4 hours per week (in class) 10 hours per week (on-line delivery)	J: Course for which this Course is a Prerequisite: NIL						
	Number of Weeks per Semester: 15	K: Maximum Class Size: 40 in class 25 (on-line)						
L:	<p>PLEASE INDICATE:</p> <table border="1"> <tr> <td><input type="checkbox"/></td> <td>Non-Credit</td> </tr> <tr> <td><input checked="" type="checkbox"/></td> <td>College Credit Non-Transfer</td> </tr> <tr> <td><input type="checkbox"/></td> <td>College Credit Transfer:</td> </tr> </table> <p>SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bctransferguide.ca)</p>		<input type="checkbox"/>	Non-Credit	<input checked="" type="checkbox"/>	College Credit Non-Transfer	<input type="checkbox"/>	College Credit Transfer:
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M: Course Objectives / Learning Outcomes:**Upon successful completion of the course the learner will be able to:**

- Compare and contrast selected theoretical models for viewing concurrent disorders
- Describe the attitudes, knowledge and skills needed in psychiatric nursing clinical practice with individuals experiencing concurrent disorders.
- Explain myths surrounding addictions, substance abuse and mental health disorders
- Describe the historical and cultural diversity concepts related to substance abuse and addiction
- Describe the cultural messages associated with concurrent disorders
- Explain the theory and principles of identification, screening and assessment using a systems perspective for individuals and families related to concurrent disorders.
- Identify the needs and approaches working with specific populations of clients suffering with addiction including: adolescent, geriatric, health care professionals, women, families and concurrent disordered clients
- Identify and explain common co-occurring physiological disorders associated with addictions
- Demonstrate knowledge related to Harm Reduction in working with populations suffering with addiction.
- Describe treatment modalities and basic intervention strategies for individuals experiencing concurrent disorders
- Assess and analyze the structure of the family system using the Neuman Systems Model of Nursing related to concurrent disorders.
- Demonstrate use of the system of care
- **Explore and analyze the psychiatric nurse's moral and ethical duties and responsibilities in relation to working with individuals dealing with substance misuse disorders including concurrent disordered client and other specialized populations.**
- **Examine the risk and treatment needs associated with health care professionals risk for substance misuse disorders including nurses**
- Describe the psychiatric nurses' role in integrated models of intervention.

N: Course Content:**Part 1: Attitudes, Knowledge and Skills for Psychiatric Nursing Practice in Addictions**

- Self assessment related to learner's attitude towards concurrent disorders and addictions
- Identify myths and stereotypes of addictions
- Historical and cultural concepts related to substance abuse, addictions and mental health disorders.
- Cultural messages associated with concurrent disorders
- Common terminology
- Holistic framework for viewing individuals experiencing addictions (Neuman Systems Model of Nursing)
- **Impact of substance misuse disorders on society**
- The role and responsibilities of the psychiatric nurse in supporting the individual within a multidisciplinary context.

Part 2: Apply the Neuman Systems Model of Nursing to Individuals and Families experiencing substance abuse/concurrent disorders

- **Utilizing the Neuman Systems Model of Nursing to assess and provide care for individuals and families experiencing substance abuse including specialized populations with addiction nursing including: adolescent population, geriatric population, health care professionals, women, families and concurrent disordered population.**
- Individual/ family patterns related to the five variables of the Neuman Systems Model of Nursing within the context of concurrent disorders.
- Interrelationships of the five variables in the Neuman Systems Model of Nursing as they apply to the individual/family experiencing additions/substance abuse.
- **Substance misuse disorder concepts** integration within the Neuman Systems Model of Nursing
- Utilizing the nursing process within the Neuman Systems Model of Nursing to provide psychiatric care to individuals/families experiencing Concurrent Disorders.

Part 3: Analyze the Psychiatric Nurse's Role in Individual/Family Assessment Strategies

- Developing communication skills and strategies related to intervening and assessing individuals/families experiencing addictions/concurrent disorders.
- Principles, techniques and concepts related to working with substance misuse disorder populations for assessment and intervention strategies.
- Moral and ethical duties/responsibilities of the psychiatric nurse related to the rights of individual/family members experiencing addictions/concurrent disorders.

Part 4: Apply Individual/Family Systems Theory Intervention as Prevention Strategies

- Intervention strategies for individuals/families experiencing addictions using the Neuman Systems Model of Nursing.
- Primary, Secondary and Tertiary points of intervention for psychiatric nurses with individuals/families experiencing addictions/concurrent disorders.
- Teaching/learning needs of individuals/families experiencing addictions/concurrent disorders.
- Community resources and interdisciplinary nursing care planning for individuals and families living with addictions/concurrent disorders.
- Clinical approaches for specific populations.
- Development of a substance abuse reference resource for personal use in individual and family system assessment, prevention and treatment

O: Methods of Instruction:

It is the intent of faculty to facilitate student learning, to foster ways of knowing and promote critical thinking through a variety of teaching/learning methods including lecture, audio-visual aids, group discussion, case study analysis, computer-assisted learning programs and group and/or individual research and presentations.

P: Textbooks and Materials to be Purchased by Students:

A list of required and optional resources for students is supplied at the beginning of each semester.

Q: Means of Assessment:

Student evaluation in the course is consistent with Douglas College policy. An evaluation schedule is presented at the beginning of the course. This is a graded course

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

No.

Course Designer(s)

Education Council / Curriculum Committee Representative

Dean / Director

Registrar