



EFFECTIVE: MAY 2010
CURRICULUM GUIDELINES

A. Division: **Education** Effective Date: **May 2010**

B. Department / Program Area: **Faculty of Child, Family and Community Studies
*Therapeutic Recreation*** Revision New Course

If Revision, Section(s) Revised: **A, D, F, G, H, J, M, N, O, P, Q**

Date of Previous Revision: **November 2004**

Date of Current Revision: **June 2007**

C: **THRT 2406** D: **Recreation Leadership in Small Groups** E: **3**

| Subject & Course No. | Descriptive Title | Semester Credits | | | | | | |
|--|---|------------------|--------------------------|------------|--------------------------|-----------------------------|-------------------------------------|--------------------------|
| <p>F: Calendar Description:</p> <p style="text-align: center;">The purpose of this course is to provide students with the theoretical foundation for understanding and leading effective groups. The theory of groups and group dynamics, leadership and activity analysis will be applied as students design, implement and evaluate small groups in expressive or creative arts.</p> | | | | | | | | |
| <p>G: Allocation of Contact Hours to Type of Instruction / Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Lecture/Practice</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p>60 Hours</p> <p>Number of Weeks per Semester:</p> <p>Flexible delivery ranging over 2 to 15 weeks</p> | <p>H: Course Prerequisites:</p> <p style="text-align: center;">THRT 1205 and THRT 1201</p> | | | | | | | |
| | <p>I: Course Corequisites:</p> <p style="text-align: center;">NIL</p> | | | | | | | |
| | <p>J: Course for which this Course is a Prerequisite</p> <p style="text-align: center;">THRT 3506 and THRT 2444 or THRT 2455</p> | | | | | | | |
| | <p>K: Maximum Class Size:</p> <p style="text-align: center;">30</p> | | | | | | | |
| <p>L: PLEASE INDICATE:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50px; text-align: center;"><input type="checkbox"/></td> <td>Non-Credit</td> </tr> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td>College Credit Non-Transfer</td> </tr> <tr> <td style="text-align: center;"><input checked="" type="checkbox"/></td> <td>College Credit Transfer:</td> </tr> </table> <p style="text-align: center;">SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bctransferguide.ca)</p> | | | <input type="checkbox"/> | Non-Credit | <input type="checkbox"/> | College Credit Non-Transfer | <input checked="" type="checkbox"/> | College Credit Transfer: |
| <input type="checkbox"/> | Non-Credit | | | | | | | |
| <input type="checkbox"/> | College Credit Non-Transfer | | | | | | | |
| <input checked="" type="checkbox"/> | College Credit Transfer: | | | | | | | |

M: Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

- 1. define groups, teams, group work practice**
- 2. describe the types of groups and the stages of group development**
- 3. describe the theories of group dynamics and group effectiveness**
- 4. explain the meaning of leadership**
- 5. document the plan for a small group, expressive or creative arts activity**
- 6. demonstrate leadership by implementing the planned arts session**
- 7. evaluate session planning and leadership skills**

N: Course Content: :

Group Theory

- **Definition of groups, group work and teams**
- **Values and ethics which guide group work**
- **Classifying groups/types of groups**
- **Stages of group development**

Group Dynamics and Group Effectiveness

- **Influence of physical environment**
- **Communication and interaction patterns**
- **Group attraction, involvement, cohesion**
- **Group norms, roles and status**
- **Group climate and culture**
- **Group goals, productivity and effectiveness**
- **Group problem solving and decision making**

Leadership: Theory

- **Theories of leadership**
- **Situational leadership theory**
- **An Interactional Model of Leadership**
- **Group and team leadership functions and skills**
- **Enhancing team leadership**
- **Understanding diversity in groups and teams**
- **Adapting to differences**
- **Managing group conflict**

Leadership Skills Applied

- **Situational leadership applied**
- **Active listening skills**
- **Making group process explicit**
- **Reframing and redefining**
- **Linking, connecting group members**
- **Providing resources, information giving**
- **Modeling, coaching, supporting**
- **Problem solving, conflict resolution**
- **Task and activity analysis**

Planning, Implementing and Evaluating a Recreation Session

- **Identifies strengths and needs of group members**
- **Session plan for creative or expressive arts**

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|---|---|
| | <ul style="list-style-type: none"> • Analyzes the activity • Implements and evaluates the session • Self and peer leadership evaluation |
| O: Methods of Instruction | <ul style="list-style-type: none"> • Lecture/discussion • Small group leadership • Experiential creative arts groups • Media • Video leadership |
| P: Textbooks and Materials to be Purchased by Students | T.B.A. |
| Q: Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations. Typical means of evaluation would include a combination of: | <ul style="list-style-type: none"> • Written assignments • Presentations • Testing <p>This is a graded course</p> |
| R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR. If not available for PLAR, please provide rationale. | Open for PLAR |

Course Designer(s): **Julie Roper/Therapeutic Recreation Faculty**

Education Council / Curriculum Committee Representative

Dean: Jan Carrie

Registrar