



EFFECTIVE: JANUARY 2009
CURRICULUM GUIDELINES

A. Division: **Instruction** Effective Date: **January, 2009**

B. Department / Program Area: **Faculty of Child, Family and Community Studies / Therapeutic Recreation** Revision New Course

If Revision, Section(s) Revised: **E, G, H, J, N, O, P, Q**

Date of Previous Revision: **November 2004**

Date of Current Revision: **September 2007**

C: **THRT 2455** D: **Therapeutic Recreation and Recreation Health Promotion Practice: Degree** E: **4**

Subject & Course No.	Descriptive Title	Semester Credits
F: Calendar Description: This practicum provides students with the opportunity to integrate theory and philosophy with professional practice. Students will conduct assessments and, in concert with client, design, implement and evaluate individual and group program plans. Students will demonstrate activity analysis and adaptation in the leadership of small group activities. Students will establish effective working relations with field personnel as they work within agencies which offer therapeutic recreation and/or recreation health promotion services.		
G: Allocation of Contact Hours to Type of Instruction / Learning Settings Primary Methods of Instructional Delivery and/or Learning Settings: Seminar Practicum Number of Contact Hours: (per week / semester for each descriptor) Seminar: 10 hours/semester Practicum: 140 hours/semester Total: 150 hours/semester Number of Weeks per Semester: Flexible delivery ranging over 4 to 15 weeks	H: Course Prerequisites: THRT 2307 (may be taken concurrently) and THRT 2306 (may be taken concurrently) and THRT 2309 (may be taken concurrently) and THRT 1205 (may be taken concurrently) and (THRT 2301 or THRT 1201) (may be taken concurrently)	
	I: Course Corequisites: NIL	
	J: Course for which this Course is a Prerequisite THRT 4855 and PHIL 4706	
	K: Maximum Class Size: 12	
L: PLEASE INDICATE: <input type="checkbox"/> Non-Credit <input type="checkbox"/> College Credit Non-Transfer <input checked="" type="checkbox"/> College Credit Transfer: SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bctransferguide.ca)		

M: Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. **demonstrate professional skills in the practice of therapeutic recreation and recreation health promotion**
2. **demonstrate knowledge of the agency and the delivery of recreation services**
3. **apply systems theory in developing comprehensive, leisure related client assessments and individual program plans**
4. **develop therapeutic relationships with individuals and groups based upon the values and skills of the profession**
5. **demonstrate helping relationships and skills**
6. **demonstrate awareness of group dynamics and leadership skills**
7. **demonstrate recreation activity analysis and activity adaptation skills**
8. **design, implement and evaluate recreation, therapeutic recreation and/or health promotion programs.**

N: Course Content:**Professionalism**

- **Self awareness and self evaluation skills**
- **Safe practice and safety awareness**
- **Effective working relationships with staff, volunteers and participants**
- **Effective client interaction skills**
- **Confidentiality in all communications concerning the agency**
- **Personal wellness and appropriate work habits**
- **Respond to the changing needs of the agency, balancing flexibility and organizational skills**
- **Adherence to agency policies and procedures**

Knowledge of Agency

- **Organizational structure, philosophy, goals**
- **Recreation department (equivalent) goals, philosophy, practitioner role**
- **Application of therapeutic recreation service models**
- **Recreation health promotion practices evident within the agency**

Helping Relationships and Skills

- **Client-centred, age appropriate approach to all interventions**
- **Helping relationships built upon humanistic values**
- **Basic communication and interview skills**
- **Problem management/opportunity development approach to helping**
- **Helping skills and discussions about healthy leisure lifestyles**

Assessment and Individual Program Planning

- **Describes the disabling condition(s) of the client**
- **Analyses the systems: family, agency, community, economic, environmental, political, etc. which may impact upon a client's health and leisure well-being**
- **Observes and interviews the client to identify strengths and needs**
- **Prepares, with the client, an individual leisure lifestyle program plan**
- **Implements, monitors and evaluates the plan**

Activity Analysis, Selection and Adaptation

- **Activity analysis**
- **Activity selection and adaptation**

<ul style="list-style-type: none"> • Program Planning and Leadership • Breadth and depth in recreation activity skills • Effective group leadership • Activity analysis and adaptation skills • Group assessment, awareness of group dynamics and needs • Documents program with a program protocol and session plans • Implements and evaluates the program.
<p>O: Methods of Instruction</p> <ul style="list-style-type: none"> • Field practice and guidance • Small and large group seminars
<p>P: Textbooks and Materials to be Purchased by Students</p> <p>T.B.A.</p>
<p>Q: Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations. Typical means of evaluation would include a combination of:</p> <ul style="list-style-type: none"> • Demonstration of skills • Self assessment • Observations by site and college supervisor • Completion of written assignments • Participation in seminars • Midpoint and final evaluation meetings with site supervisor and college supervisor. <p>This is a Mastery/Non-Mastery course.</p>
<p>R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR. If not available for PLAR, please provide rationale.</p> <p>Open for PLAR</p>

 /Therapeutic Recreation Faculty
 Course Designer(s):

 Education Council / Curriculum Committee Representative

 Dean: Jan Carrie

 Registrar