



**EFFECTIVE: JANUARY 2012**  
**CURRICULUM GUIDELINES**

**A. Division:** Academic Effective Date: **January 2012**

**B. Department / Program Area:** Faculty of Child, Family and Community Studies/ Therapeutic Recreation  
 Revision  New Course

If Revision, Section(s) Revised: **A, D, E, F, G, M, N, O, P, Q**  
 Date of Previous Revision: **November 2005**  
 Date of Current Revision: **April 2011**

**C: THRT 4802** **D: Current Issues and Trends in Therapeutic Recreation and Health Promotion** **E: 3**

Subject & Course No.	Descriptive Title	Semester Credits
<b>F: Calendar Description:</b>		
<p><b>This course examines current issues and trends in leisure, recreation, therapeutic recreation and health promotion. Issues are examined from historical, present and future perspectives. Professional competence, health issues and contemporary trends are highlighted by engaging in critical and analytical thinking.</b></p>		
<b>G: Allocation of Contact Hours to Type of Instruction / Learning Settings</b>	<b>H: Course Prerequisites:</b>	
	<b>THRT 4704</b>	
	<b>I: Course Corequisites:</b>	
	<b>NIL</b>	
Primary Methods of Instructional Delivery and/or Learning Settings:  <b>Lecture and Practice</b>	<b>J: Course for which this Course is a Prerequisite</b>	
	<b>THRT 4855</b>	
Number of Contact Hours: (per semester for each descriptor)  <b>60 Hours</b>	<b>K: Maximum Class Size:</b>	
Number of Weeks per Semester:  <b>Flexible delivery ranging over 2 to 15 weeks</b>	<b>30</b>	
<b>L: PLEASE INDICATE:</b>		
<input type="checkbox"/>	Non-Credit	
<input type="checkbox"/>	College Credit Non-Transfer	
<input checked="" type="checkbox"/>	College Credit Transfer:	
SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS ( <a href="http://www.bctransferguide.ca">www.bctransferguide.ca</a> )		

**M:** Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. Discuss current social, economic and environmental concerns influencing therapeutic recreation, leisure and recreation and health promotion services in Canada and internationally.
2. Analyze current issues in the emerging therapeutic recreation, leisure and recreation, and health promotion professions.
3. Analyze the trends and challenges of therapeutic recreation, leisure in recreation in health promotion in Canada and internationally.
4. Synthesize knowledge of health and leisure in developing a comprehensive understanding of the future of therapeutic recreation, leisure and recreation, and health promotion services
5. Discuss methods and resources to foster professional competence in therapeutic recreation, leisure and recreation and health promotion fields.
6. Apply knowledge of professional and current issues in therapeutic recreation, leisure and recreation and health promotion services.

**N:** Course Content:

**Professionalization in therapeutic recreation, leisure and recreation and health promotion**

- Philosophical and historical issues, role and identity
- Professional affiliation and organization
- Credentialing issues
- Body of knowledge issues
- Diversity issues
- Standards of practice
- Legislative and political issues
- Research issues
- International issues

**Social Service System and Health Care Delivery Systems**

- Health legislation, regulations, acts
- Health organizations
- Therapeutic recreation organizations
- Current service delivery challenges and issues
- Management and delivery at a local, community-based level
- Citizen-centred service delivery
- Education and employment in social service and health care systems

**Leisure: Contemporary Trends and Challenges**

- Demographic trends, racial and ethnic influences and gender influence on leisure lifestyles
- Values, challenges and expectations of the leisure experience
- Work and free-time shifts, leisure decline myth or reality
- Social justice through inclusive leisure services
- Major trends and events effecting leisure and recreation services
- Public, voluntary, commercial, therapeutic recreation, private, school-based, employee service systems and partnerships
- Challenges to the leisure service movement

**O:** Methods of Instruction

- Lecture and larger group discussion
- Small group discussion and activity
- Media
- Oral Presentations
- Guest Speakers
- Community service learning

**P:** Textbooks and Materials to be Purchased by Students

T.B.A.

**Q:** Means of Assessment:

**This course will conform to Douglas College policy regarding the number and weighting of evaluations.**

**Typical means of evaluation would include a combination of:**

- **Tests**
- **Written assignments**
- **Leadership presentation**

**This is a letter graded course.**

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR. If not available for PLAR, please provide rationale.

**Open for PLAR**

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Course Designer(s) J. Spencer

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Education Council / Curriculum Committee Representative

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Interim Dean: Gary Tennant

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Registrar