

A: Division: Education and Student Services
 B: Department: Student Services and Developmental Education
 Program:

Date: October 21, 1993.

New Course:

Revision of Course
 Information Form: October 3, 1990.

C: DVST 241 D: Learning and Study Skills I E: 3
 Subject & Course No. Descriptive Title Semester Credit

F: **Calendar Description:** This course is for students who are new to the College and are enrolled in or intend to enrol in further Developmental Studies courses. This course will help students learn about and use College facilities and resources. Students will develop skills in personal time management, goal setting, and basic study techniques and learning strategies. This course will focus on the development of skills necessary for success.

Summary of Revisions:
 (Enter date & section)
 Eg. Section C,E,F
 1993-09-21 E,G,K

G: **Type of Instruction: Hours per Week/per Semester**

Lecture	Hrs.	
Laboratory	Hrs.	
Seminar	Hrs.	
Clinical Experience	Hrs.	
Field Experience	Hrs.	
Practicum	Hrs.	
Shop	Hrs.	
Studio	Hrs.	
Student Directed Learning	Hrs.	
Other	see Q 4	Hrs.
TOTAL	4	HOURS

H: **Course Prerequisites:**
 permission of instructor

I: **Course Corequisites:**
 None

J: **Course for which this Course is a Prerequisite:**
 None

K: **Maximum Class Size:**
 18

L: **College Credit Transfer**
 College Credit Non-transfer X

M: **Transfer Credit:**
 Requested:
 Granted:
 Specify Course Equivalents or Unassigned Credit as Appropriate:
 U.B.C.
 S.F.U.
 U. Vic.
 Other:

Rob Pramer for DVST

[Signature]

COURSE DESIGNER(S)
[Signature]
 DIRECTOR/CHAIRPERSON

DIVISIONAL DEAN
P.A. [Signature]
 REGISTRAR

**N: Textbooks and Materials to be Purchased by Students
(Use Bibliographic Form):**

None

Complete Form with Entries Under the Following Headings:

O: Course Objectives; P: Course Content; Q: Method of Instruction;

R: Course Evaluation

O. COURSE OBJECTIVES

The aims of this course are for students:

1. to develop positive approaches to learning and study;
2. explore a repertoire of learning strategies and study skills, that are appropriate to the individual;
3. to practice effective strategies, skills, and approaches to learning and study that are directed at improving learning;
4. to demonstrate learning and study strategies, skills and approaches in practical as well as academic contexts;
5. to work cooperatively in classroom settings.

P. COURSE CONTENT

Students will receive instruction in the following skills areas:

1. evaluation of the demands of learning situations
2. evaluation of learning and academic goals
3. organization and scheduling
4. approaches to learning
5. use of study formulas
6. listening skills
7. understanding and utilizing memory
8. effective assignment completion
9. managing learning demands and stress
10. using a college library
11. orientation to the college - including ombudsperson services

Q. METHOD OF INSTRUCTION

Lecture, large-group discussion, small-group discussion and learning activities, cooperative learning, and individual learning activities may be

employed. Lab tutorial and scheduled individual appointment time will be available as appropriate. Student-directed learning outside of the classroom will also constitute a component of instruction.

R. COURSE EVALUATION

A mastery model of evaluation will be used. Progress will be monitored in an ongoing and cumulative fashion by the instructor, based on written and oral demonstrations of skill.

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