

A: Division: **INSTRUCTIONAL** Date: **MARCH 1996**  
 B: Faculty: **COMMERCE AND BUSINESS ADMINISTRATION** New Course: **X**  
 Program: **HOTEL AND RESTAURANT MANAGEMENT** Revision of Course Information form:

C: **HORM 130** D: **FOOD AND BEVERAGE PRINCIPLES** E: **3**

Subject & Course No. Descriptive Title Semester Credit

F: Calendar Description: This course will provide a basic knowledge of food production and beverage preparation principles. Students will learn terminology, the use of equipment, recipe and measurement analysis, and safe food handling. The provincial Foodsafe certificate curriculum is included in the course. Students will acquire basic skills in food preparation and bartending.

Summary of Revisions:

G: Type of instruction: Hrs per week

Lecture:	1	Hrs.
Laboratory:	5	Hrs.
Seminar:		Hrs.
Clinical Experience:		Hrs.
Field Experience:		Hrs.
Practicum:		Hrs.
Shop:		Hrs.
Studio:		Hrs.
Student Directed Learning:		Hrs.
Other (Specify):		Hrs.
*:		Hrs.
Total:	6	Hrs.

H: Course Prerequisites:  
**ENGL 12 with a grade of C+ or better and MATH 11**

I: Course Corequisites:  
**nil**

J: Course for which this Course is a Prerequisite:  
**HORM 230**

K: Maximum Class Size:  
**35**

L: College Credit Transfer   
 College Credit Non-Transfer   
 Non-Credit

M: Transfer Credit: Requested:   
 Granted:

Specify Course Equivalents or Unassigned Credit as appropriate:

BCOU  
 SFU  
 UBC  
 UNBC  
 UVIC  
 Other:

\_\_\_\_\_  
 Course Designer(s)  
 \_\_\_\_\_  
 Director/Chairperson

\_\_\_\_\_  
 Divisional Dean  
 \_\_\_\_\_  
 Registrar

**N: TEXTBOOKS AND MATERIALS TO BE PURCHASED BY STUDENTS**

Gisslen, Wayne. Professional Cooking, Latest Ed. Toronto: John Wiley and Sons.

Morelli, Carmine. A Guide to Bartending and Recipes, Latest Ed. Vancouver:  
VCC Press

Hospitality Management Year 1 Assignment Book, Latest Ed. Vancouver: VCC Press

1 White lab coat.

**O. COURSE OBJECTIVES**

The student will be able to:

1. describe the methods of cookery and be able to produce a variety of dishes using these methods of cookery in all kinds of establishments;
2. recognize the principles underlying the selection of ingredients, their cost, and the evaluation of quality materials;
3. demonstrate recipe balance and be able to follow recipes to produce dishes of required standard of quality, colour consistency, seasoning, flavour, temperature and presentation;
4. demonstrate knowledge of where, when, and how specific food and dishes would be served;
5. select and correctly use utensils and equipment for both large and small kitchens;
6. apply and practice at all times safe, hygienic and methodical work procedures, for health, safety and economic reasons.

**P. COURSE CONTENT**

1. Identification and operation of kitchen equipment and hand tools.
2. The practice of simple cutting techniques.
3. Definition of cooking terms and concepts.
4. Reading and writing recipes.

5. Principles of measuring ingredients correctly.
6. The preparation of recipes.
7. The identification and use of seasoning, spices and herbs.
8. The classification and preparation of:
  - . stocks and soups
  - . sauces (mother/secondary and butter)
  - . fish and shellfish
  - . meat and poultry
  - . vegetables and starches
  - . cold kitchen prep
  - . baking and dessert introduction.
9. B.C. Liquor regulations.
10. The classification and definition of the various types of spirits, liqueurs, wines and beers.
11. The manufacturing process of wines, beer and spirits.
12. Bar equipment and supplies.
13. Principles of set up and stocking the bar.
14. The preparation of garnishes, mixes and juices.
15. The preparation of various types of drinks and cocktails.
16. Participation in a wine appreciation seminar.

This course is designed to develop a professional attitude and appearance to the job. To acquire professional skills and to behave in a **PROFESSIONAL MANNER**.

**UNIFORMS:** Lab dress for all students will consist of clean, white lab coats and a hat (to be supplied). Lab coats must always be clean, white and well pressed, students without lab coats will not be allowed into the lab.

**SANITATION:** The high standards of sanitation required in all food plants make it necessary to establish rules governing personal hygiene. Public Health Regulations will be adhered to closely.

**Q. METHOD OF INSTRUCTION**

This course uses a combination of lecture and discussion format with hands-on practical training. Students will learn to apply information learning in both kitchen and beverage room settings.

**R. COURSE EVALUATION**

Labs (5 @ 10%)	50%
Assignments (2 @ 10%)	20%
Quiz	10%
Final Examination	<u>20%</u>
	<u>100%</u>

**STUDENTS MUST COMPLETE ALL COMPONENTS OF THE COURSE TO OBTAIN CREDIT FOR THE COURSE.**

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