
Subject and Course Number

N. LEARNING RESOURCES

1. Planned Praxis Experience

- Resource family
- Family experiencing chronic health challenge
- Community resource visits

2. Textbooks and Materials to be Purchased by Students.

A list of recommended textbooks and materials is provided for students at the beginning of each semester.

3. Other Resources

- Selected readings - chronicity, family, determinants of health
- Professional association and relevant federal/provincial government documents
- Medical-surgical textbook
- Health promotion textbook
- Paediatric nursing textbook
- Pharmacology in nursing textbook
- Gerontological nursing text
- Selected audiovisual and computer resources

O. ENDS-IN-VIEW

In this course students have opportunities to:

- examine the principles and practises of health promotion in relation to families' experiencing chronic health challenge
- examine different theoretical perspectives of the family
- explore the nurse's role in working with families, generally and in relation to families experiencing chronic health challenges, including family assessment
- explore concepts relevant to, and gain insight into, people's experiences with chronic health challenges

P. OVERVIEW OF COURSE CONTENT

In this course, family theory and families' experiences with chronic health challenges are the focus of discussion. An outline of concepts and essential content is presented below. Course concepts are addressed in relation to the four foundational concepts (ways of knowing, personal meaning, time/transitions and culture/context) integrating the metaconcepts, health promotion and caring. This content varies depending on the experiences, interests and choices of the course participants.

Chronicity

Hope

- courage, spirituality
- resilience
- persistence

Empowerment

- dependence/independence, autonomy, control
- critique of compliance

Self-image

- self concept, self-esteem, body image, sexuality
- role change

Personal meaning

- experience and interpretation of health challenge, e.g. frustration, anger, suffering

Personal resources and resourcefulness

- accessing resources, financial resources, knowledge barriers, support systems
- hardiness

Community as context and resource

Loneliness

- isolation

Loss/grieving

- death and dying

Overview of Course Content Cont'd

Family Theory

- family patterns, roles and role change
- as it relates to families' experience of chronic health challenge

Health Promotion

Healing

Context /Cultural influences

- religious, empirical, scientific

Pain/suffering

- chronic pain management
- physical and psychological pain

Time/transitions

- effects of chronic health challenge on growth and development
- personal growth
- normal aging process
- change
- family constellation transitions
- trajectory of chronic illness
- physiological transitions

Q. LEARNING PROCESS

Course concepts are addressed through learning activities designed to actively engage students in achieving an understanding of the concepts and theories of this course. Critical thinking and decision-making are emphasized.

It is intended that a caring relationship between course participants develops that reflects the caring relationship that is to develop between the nurse and the health care client. An understanding that caring involves challenge, criticism and nurturing is promoted.

R. COURSE EVALUATION

The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course. Respect for individual choice and an openness to negotiation guides decisions about methods of evaluation.

This is a graded course.