

COURSE INFORMATION



Date: 19 April 1994

A: Division: Applied Programs
 B: Department: Child, Family and Community Studies
 Program: Physical Education

New Course:
 Revision of Course Information Form:
 Dated: 9 June 1993

C: PHED 321 D: Performance Analysis: Volleyball and Basketball E: 3

Subject & Course No.	Descriptive Title	Semester Credit																																	
<p>F: Calendar Description: In this course, the sports of volleyball and basketball will be analyzed from theoretical and practical points of view. The essential nature of each sport will be studied, along with critical high performance factors. Topics include the qualitative and quantitative analysis of each sport, as well as the study of the respective techniques, tactics and strategies of each sport.</p>	<p>Summary of Revisions: (Enter date & section) Eg. Section C,E,F 19 April 1994 G, H, I, P</p>																																		
<p>Type of Instruction: Hours per Week</p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Lecture/Practice</td><td style="text-align: center;">4</td><td>Hrs.</td></tr> <tr><td>Laboratory</td><td></td><td>Hrs.</td></tr> <tr><td>Seminar</td><td></td><td>Hrs.</td></tr> <tr><td>Clinical Experience</td><td></td><td>Hrs.</td></tr> <tr><td>Field Experience</td><td></td><td>Hrs.</td></tr> <tr><td>Practicum</td><td></td><td>Hrs.</td></tr> <tr><td>Shop</td><td></td><td>Hrs.</td></tr> <tr><td>Studio</td><td></td><td>Hrs.</td></tr> <tr><td>Student Directed Learning</td><td></td><td>Hrs.</td></tr> <tr><td>Other</td><td></td><td>Hrs.</td></tr> <tr><td>TOTAL</td><td style="text-align: center;">4</td><td style="text-align: center;">HOURS</td></tr> </table>	Lecture/Practice	4	Hrs.	Laboratory		Hrs.	Seminar		Hrs.	Clinical Experience		Hrs.	Field Experience		Hrs.	Practicum		Hrs.	Shop		Hrs.	Studio		Hrs.	Student Directed Learning		Hrs.	Other		Hrs.	TOTAL	4	HOURS	<p>H: Course Prerequisites: PHED 300</p> <p>I: Course Corequisites: NIL</p> <p>J: Course for which this Course is a Prerequisite: NIL</p> <p>K: Maximum Class Size: 30</p>	
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<p>L: College Credit Transfer <input checked="" type="checkbox"/> College Credit Non-transfer</p>	<p>M: Transfer Credit: Requested: Granted: Specify Course Equivalents or Unassigned Credit as Appropriate:</p> <p>U.B.C. P.E. 320 (3 credits) S.F.U. KIN (3 credits unassigned) U. Vic. P.E. 120 & 122 (1/2 unit each) Other:</p>																																		

Gert van Niekerk
 (GERT VAN NIEKERK) COURSE DESIGNER(S)

Pat Brown
 ACTING DIRECTOR/CHAIRPERSON

P. H. [Signature]
 DIVISIONAL DEAN

[Signature]
 REGISTRAR

- N. Textbooks and materials to be Purchased by Students (Use Bibliographic Form):
Viera, B. L. and B. J. Ferguson (1989) Volleyball. Champaign, IL: Human Kinetics Publishers, Inc.
Krause, J. V. (1991) Basketball Skills and Drills. Champaign, IL: Human Kinetics Publishers, Inc.
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Complete Form with Entries Under the Following Headings:

- O. Course Objectives; P. Course Content; Q. Method of Instruction;
R. Course Evaluation

O. **Course Objectives**

Upon completion of the course the student will be able to:

1. describe the conceptual nature of volleyball and basketball
2. describe and demonstrate the techniques involved in the performance of volleyball and basketball.
3. describe and demonstrate the tactics and strategies involved in the performance of volleyball and basketball
4. describe and demonstrate the qualitative analysis of volleyball and basketball
5. describe and demonstrate the quantitative analysis of volleyball and basketball.

P. **Course Content**

1. Concepts

The student will:

- 1.1 describe the historical development of the sport
- 1.2 describe the terminology of the sport
- 1.3 describe rule concepts
- 1.4 describe positional concepts.

2. Techniques

The student will:

- 2.1 describe the purpose of individual skills
- 2.2 describe the appropriate sequencing of skill acquisition
- 2.3 demonstrate competent performance for individual skills
- 2.4 describe and demonstrate individual skill learning progressions
- 2.5 describe and demonstrate feedback techniques:
 - 2.5.1 positive specific feedback
 - 2.5.2 error detection/correction .

3. Tactics and Strategies

The student will:

- 3.1 describe the purpose of common tactics and strategies:
 - 3.1.1 offense
 - 3.1.2 defense
 - 3.1.3 transition
- 3.2 demonstrate basic tactical and strategical formations
 - 3.2.1 offense
 - 3.2.2 defense
 - 3.2.3 transition
- 3.3 describe and demonstrate tactical and strategical interactions
- 3.4 describe seasonal planning and training principles.

4. Qualitative Analysis

The student will:

- 4.1 describe and demonstrate the analysis of each sport:
 - 4.1.1 elements
 - 4.1.2 dimensions
 - 4.1.3 hierarchies
- 4.2 describe and demonstrate the formative and summative qualitative analyses of each sport.

5. Quantitative Analysis

The student will:

- 5.1 describe and demonstrate the analysis of each sport:
 - 5.1.1 statistical
 - 5.1.2 flow
 - 5.1.3 time/motion
- 5.2 describe and demonstrate the formative and summative quantitative analyses of each sport.

Q. Method of Instruction

1. Lecture
2. Discussion groups and group projects
3. Practical applications and experiences
4. Field observation
5. Guest presenters
6. Technology assisted learning
7. Assigned readings and literature research

R. Evaluation

Midterm examination	20%
Final examination	10%
Term Project	20%
Practical application project	30%
Research project	<u>20%</u>
	100%