douglas college **Course Information**

A: Division: APPLIED PROGRAMS

Date: 4 JANUARY 1993

B: Department: CHILD, FAMILY AND COMMUNITY STUDIES

New Course: X

Program: PHYSICAL EDUCATION

Revision of Course Information Form: _____

Dated: _____

C: PHED 381 (Subject & Course No.)

D. THE RISE OF MODERN SPORT AND PHYSICAL EDUCATION (Descriptive Title)

E. 3 (Semester Credits)

F: Calendar Description:

This course will examine factors affecting the development of sport and physical education in modern times. Consideration will be given to the relationship between sport development and selected societal features (leisure, education, race, gender, politics). Particular attention will be paid to the development of these activities and features in Europe, Britain, Canada and the United States.

Summary of Revision:

(Enter date & section)
Ex: Section C,E,F, & R

G: Type of Instruction:

	Hours Per Week	
Lecture/Practice	4	Hrs.
Laboratory		Hrs.
Seminar		Hrs.
Clinical Experience		Hrs.
Field Experience		Hrs.
Practicum		Hrs.
Shop		Hrs.
Studio		Hrs.
Student Directed Learning		Hrs.
Other		Hrs.
TOTAL	4	Hrs.

H: Course Prerequisites:
NIL

I: Course Corequisites:
NIL

J: Courses for which this course is a prerequisite
NIL

K. Maximum Class Size:
35

L: College Credit Transfer X

College Credit Non-Transfer _____

Non Credit _____

M. Transfer Credit: Requested X
Granted ___
(Specify Course Equivalents or Unassigned Credit as Appropriate)
U.B.C. PHED 280
S.F.U. KIN 100 UNASSIGNED
U.Vic. PHED 342
Other

GERT VAN NIEKERK (Course Designer(s))

Divisional Dean

Director/Chairperson

Registrar

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N. Textbooks and materials to be Purchased by Students (Use Bibliographic Form):

REQUIRED TEXT:

1. Zeigler, E., History of Physical Education and Sport, Stipes Publishing Co., Champaign, Illinois, 1988
2. Mechikoff, Robert and Estes, Steven, A History and Philosophy of Sport and Physical Education. W.C. Brown and Benchmark, 1993.

HANDOUTS: Additional handouts will be made available to the students throughout the semester

BACKGROUND READINGS: A list of selected references will be placed on reserve in the library.

Complete Form with Entries Under the Following Headings:

O. Course Objectives; P. Course Content; Q. Method of Instruction; R. Course Evaluation

O. Course Objectives:

On completion of this course, the student will:

1. describe the discipline of sport history
2. describe physical education and sport in selected ancient civilizations
3. describe physical education and sport in Medieval and Early Modern Europe
4. describe the rise of modern sport in Britain
5. describe the rise of modern sport in the United States
6. describe the origins and development of Canadian physical education and sport
7. international sport.

P. Course Content:

1. The Discipline of Sport History

The student will:

1.1 demonstrate a basic knowledge of descriptive and interpretive historical research using primary and secondary sources

1.2 demonstrate a basic understanding of the historical research concepts of change, development and progress

1.3 demonstrate an understanding and appreciation of the reasons for and value of sport history studies

2. Physical Education and Sport in Ancient Civilizations

The student will:

2.1 describe survival sport in primitive times

2.2 describe physical education and sport in Ancient Greece

2.3 describe physical education and sport during the Roman Empire

Course Content (cond't.)

3. Physical Education and Sport in Medieval and Early Europe

The student will:

3.1 describe medieval society and physical education (fifth to twelfth century)

3.2 describe medieval sport

3.3 describe physical education and sport in the Renaissance and Reformation (thirteenth to sixteenth century)

3.4 describe seventeenth century European physical education and sport

3.5 describe eighteenth century European physical education and sport

3.6 describe nineteenth century European physical education and sport

4. The Rise of Modern Sport and Physical Education in Britain

The student will:

4.1 describe the characteristics of modern sport:
- 4.1.1 secularism
- 4.1.2 equality
- 4.1.3 specialization
- 4.1.4 rationalization
- 4.1.5 bureaucracy
- 4.1.6 quantification
- 4.1.7 records

4.2 describe the birth of modern sport in Britain

4.3 describe social conditions affecting the rise of modern sport (eg. social class, religious influences)

4.4 describe the export of Britain's games

5. The Rise of Modern Sport and Physical Education in the United States

The student will:

5.1 describe the rise of organized sport in the United States (1850-1906)

5.2 describe the changes in American physical education at turn of the century

5.3 describe the meeting of sport and physical education in the twentieth century

5.4 describe the entry of sport into the school program (1900-1930)

5.5 describe the issues of inequity in race and gender

Course Content (cont'd.)

6. The Origins and Development of Canadian Physical Education and Sport

The student will:

6.1 describe the development of physical education in Canada:
- 6.1.1 American, British and European influences
- 6.1.2 Strathcona Trust
- 6.1.3 pioneer leaders
- 6.1.4 post-secondary programs
- 6.1.5 Bill C-131

6.2 describe the origins of organized sport in Canada:
- 6.2.1 pre-confederation
- 6.2.2 post-confederation to 1900
- 6.2.3 the twentieth century

6.3 describe issues in sport and physical education
- 6.3.1 sport for girls and women
- 6.3.2 mandatory physical education
- 6.3.3 sport governance and financing

7. International Sport

The student will:

7.1 describe the beginning of international sport in the nineteenth century

7.2 describe the Modern Olympic Games

7.3 describe the politics of international sport.

Q. Method of Instruction

A combination of lectures, group discussions, student presentations and guest speakers will be utilized to present the material. A variety of audio-visual aids will be used including films, slides and charts.

R. Course Evaluation:

Test 1	25%
Test 2	25%
Test 3	25%
Student presentation	10%
Term paper	15%
	100%

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