



EFFECTIVE: JANUARY 2002

CURRICULUM GUIDELINES

A: Division: **Instruction** Date: **August 27, 2001**
B: Department/ **Psychiatric Nursing** New Course Revision
 Program Area: **Advanced Diploma Program**
 If Revision, Section(s) Revised: **H, I, J and P**
 Date Last Revised: **April 23, 1998**

C: PNUR 708 D: Family Assessment For Psychiatric Nursing Practice E: 3

Subject & Course No. Descriptive Title Semester Credits

F: Calendar Description:

 This distance learning course familiarizes students with family concepts and provides a systems framework for family assessment. The history of family theory development, selected family theories, family structure and function concepts, and intervention strategies are discussed. There will be opportunities to apply family concepts using an assessment tool based on Neuman's Systems Model.

G: Allocation of Contact Hours to Types of Instruction/Learning Settings:

 Primary Methods of Instructional Delivery and/or Learning Settings:

Student Directed Learning

 Number of Contact Hours: (per week / semester for each descriptor)

10 hours

 of Weeks per Semester: Number

14 weeks

H: Course Prerequisites:

PNUR 700

I: Course Corequisites:

or PNUR 700 concurrently

J: Course for which this Course is a Prerequisite:

PNUR 720 and PNUR 730

K: Maximum Class Size:

25

L: PLEASE INDICATE:
 Non-Credit
 College Credit Non-Transfer
 College Credit Transfer: Requested Granted

SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)

M: Course Objectives/Learning Outcomes:

PART I OVERVIEW OF FAMILY THEORY

The student will

1. discuss the history of family theory
 - 1.1 define family
 - 1.2 describe common family concepts
 - 1.3 describe the history of family therapy
 - 1.4 describe the history of family nursing
 - 1.5 identify family content in nursing models
2. discuss developmental and structural/functional family theory
 - 2.1 relate current schools in family therapy to systems theory
 - 2.2 describe family development theory
 - 2.2.1 describe the focus of treatment
 - 2.2.2 describe theory limitations
 - 2.2.3 describe the role of the therapist
 - 2.3 describe structural functional theory
 - 2.3.1 describe the focus of treatment
 - 2.3.2 describe the role of the therapist
 - 2.3.3 describe theory limitations
 - 2.3.4 describe common interventions used
3. describe communication and strategic family therapy
 - 3.1 describe Satir's communication theory
 - 3.1.1 describe the focus of treatment
 - 3.1.2 describe the role of the therapist
 - 3.1.3 describe commonly used interventions
 - 3.2 describe strategic family theory
 - 3.2.1 describe the focus of treatment
 - 3.2.2 describe the role of the therapist
 - 3.2.3 describe commonly used interventions
 - 3.3 describe concepts commonly used in all forms of family therapy
4. discuss Bowen's systems family theory
 - 4.1 describe the focus of treatment
 - 4.2 describe the key concepts
 - 4.3 describe the role of the therapist
 - 4.4 describe commonly used interventions
5. discuss the Calgary Family Assessment Model
 - 5.1 describe the focus of treatment
 - 5.2 describe key concepts
 - 5.3 describe the structural functional and developmental phases of family assessment
 - 5.4 describe the role of the therapist
 - 5.5 describe selected interventions
 - 5.6 describe the use of the family genogram and ecogram tools

PART II APPLICATION OF NEUMAN'S SYSTEMS THEORY TO FAMILIES

6. apply Neuman's Systems Model to families
 - 6.1 review Neuman's Systems Model
 - 6.2 relate family concepts to Neuman's Systems Model
 - 6.3 describe factors that influence the family's lines of defense
 - 6.3.1 flexible line of defense
 - 6.3.2 normal line of defense
 - 6.3.3 lines of resistance
 - 6.4 describe types of family environment stressors
 - 6.5 describe health and level of wellness from a family perspective according to Neuman's Systems Model
 - 6.6 describe nursing implications using Neuman's Systems Model
7. analyze family assessment data using Neuman's Systems Model
 - 7.1 describe the five variables from the perspectives of a family
 - 7.2 describe the interrelationship of the five variables
 - 7.3 use Neuman's Systems Model as a family assessment tool

PART III INTERVENTION STRATEGIES

8. apply family systems theory using Neuman's Systems Model
 - 8.1 identify appropriate points of family intervention at primary, secondary and tertiary levels
 - 8.2 identify key principles of family intervention for psychiatric nurses
 - 8.3 utilize Neuman's Assessment tool to assess a family or develop an action plan to intervene with a family, based on assessment data

N: Course Content:

PART I OVERVIEW OF FAMILY THEORY

Unit 1 History of family theory

- 1.1 family definitions
- 1.2 common family concepts
- 1.3 history of family therapy
- 1.4 history of family nursing
- 1.5 family focus in nursing models

Unit 2 Developmental and Structural Family Theory

- 2.1 current family theories and systems theory
- 2.2 family developmental theory (Duvall, Carter & McGoldrick)
 - 2.2.1 treatment focus
 - 2.2.2 theory limitations
 - 2.2.3 therapist's role
 - 2.2.4 common interventions
- 2.3 structural functional theory
 - 2.3.1 treatment focus
 - 2.3.2 theory limitations
 - 2.3.3 psychiatric nurses role
 - 2.3.4 common interventions

Unit 3 Communications and Strategic Family Theory

- 3.1 Satir's communication theory
 - 3.1.1 treatment focus
 - 3.1.2 therapist's role
 - 3.1.3 common interventions
- 3.2 Milan group's strategic family theory
 - 3.2.1 treatment focus
 - 3.2.2 therapist's role
 - 3.2.3 common interventions
- 3.3 commonly known family concepts

Unit 4 Bowen's Family Systems Theory

- 4.1 treatment focus
- 4.2 key concepts
- 4.3 therapist's role
- 4.4 common interventions
- 4.5 group diagnosis

Unit 5 The Calgary Assessment Model

- 5.1 treatment focus
- 5.2 key concepts
- 5.3 phases of family assessment
 - 5.3.1 structural
 - 5.3.2 functional
 - 5.3.3 developmental
- 5.4 therapist's role
- 5.5 common intervention
- 5.6 assessment tools
 - 5.6.1 family genogram
 - 5.6.2 family ecogram

PART II APPLICATION OF NEUMAN'S SYSTEMS THEORY TO FAMILIES

Unit 6

- 6.1 review Neuman's Systems Model
- 6.2 family concepts
- 6.3 factors influencing families lines of defense
 - 6.3.1 flexible line of defense
 - 6.3.2 normal line of defense
 - 6.3.3 lines of resistance
- 6.4 family environmental stressors
- 6.5 family health and level of wellness
- 6.6 nursing implications

Unit 7 Family assessment data (Neuman)

- 7.1 five variables (family)
- 7.2 interrelationship of the variables
- 7.3 family assessment based on Neuman

PART III INTERVENTION STRATEGIES

Unit 8 Family systems theory applications

- 8.1 Family intervention
 - 8.1.1 primary
 - 8.1.2 secondary
 - 8.1.3 tertiary
- 8.2 family intervention principles
- 8.3 developing action plans

O: Methods of Instruction:

1. Self-study Print Materials
2. Reading Assignments
3. Tutor Assistant
4. Teleconference

P: Textbooks and Materials to be Purchased by Students:

Bomar, P.J. (1996). Nurses and family health promotion: Concepts, assessment, and interventions. Philadelphia: W.B. Saunders.

Advanced Diploma Working Group (1999). PNUR 708: Family assessment in psychiatric nursing (4th ed.). New Westminster, Canada: Douglas College.

Q: Means of Assessment:

Evidence of learning is demonstrated through:

- (a) application of concepts to self;
- (b) application of concepts to clinical practice or field work; and
- (c) application of concepts to others.

The selection of evaluation tools for this course is based on:

1. Adherence to college evaluation policy regarding number and weighting of evaluations, for example a course of three credits or more should have at least five separate evaluations.
2. A developmental approach to evaluation that is sequenced and progressive.
3. Evaluation is used as a teaching tool for both students and instructors.
4. Commitment to student participation in evaluation through such processes as self and peer evaluation, and program/instructor evaluation.

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Course Designer(s)

Education Council/Curriculum Committee Representative

Dean/Director

Registrar