

A: Division: Instruction Date: Apr. 23, 1998
 B: Department: Psychiatric Nursing New Course:
 Program: Advanced Diploma Program Revision of Course Information form: Oct. 16, 1996

C: PNUR 710 D: ADJUNCTIVE THERAPIES - E: 3
 ISSUES AND INTERVENTIONS
 IN PSYCHIATRIC NURSING
 PRACTICE

Subject & Course No.	Descriptive Title	Semester Credit																						
<p>F: Calendar Description: This distance learning course increases the students ability to determine the most relevant therapeutic approach for clients through examination and analysis of selected current therapeutic approaches. Issues related to psychiatric nursing practice, self growth oriented techniques, therapeutic environments, crisis intervention and advanced pharmacology related to different age groups are addressed. Issues related to health beliefs and health care system complexity, legal and ethical considerations and strategies which influence the decision-making process are discussed. There will be opportunity to apply the concepts to psychiatric nursing practice.</p>	<p>Summary of Revisions: (Enter date & section) Eg: Section C,E,F</p> <p>1993-10-04 Sections H, J and K 1996-10-16 Section F and R 1998-04-23 Section H and R</p>																							
<p>G: Type of Instruction: Hours per Week / per Semester</p> <table border="0"> <tr><td>Lecture:</td><td>Hrs.</td></tr> <tr><td>Laboratory:</td><td>Hrs.</td></tr> <tr><td>Seminar:</td><td>Hrs.</td></tr> <tr><td>Clinical Experience:</td><td>Hrs.</td></tr> <tr><td>Field Experience:</td><td>Hrs.</td></tr> <tr><td>Practicum:</td><td>Hrs.</td></tr> <tr><td>Shop:</td><td>Hrs.</td></tr> <tr><td>Studio:</td><td>Hrs.</td></tr> <tr><td>Student Directed Learning:</td><td>10 Hrs.</td></tr> <tr><td>Other:</td><td>Hrs.</td></tr> <tr><td>Total:</td><td>10 Hrs.</td></tr> </table>	Lecture:	Hrs.	Laboratory:	Hrs.	Seminar:	Hrs.	Clinical Experience:	Hrs.	Field Experience:	Hrs.	Practicum:	Hrs.	Shop:	Hrs.	Studio:	Hrs.	Student Directed Learning:	10 Hrs.	Other:	Hrs.	Total:	10 Hrs.	<p>H: Course Prerequisites: PNUR 700 or with instructor permission</p> <p>I: Course Corequisites: NIL</p> <p>J: Course for which this Course is a Prerequisite: PNUR 720 and PNUR 730</p> <p>K: Maximum Class Size: 25</p>	
Lecture:	Hrs.																							
Laboratory:	Hrs.																							
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<p>L: College Credit Transfer <input type="checkbox"/></p> <p>College Credit Non-Transfer <input type="checkbox"/></p> <p>Non-Credit <input type="checkbox"/></p>	<p>M: Transfer Credit: Requested: <input type="checkbox"/></p> <p>Granted: <input type="checkbox"/></p> <p>Specify Course Equivalents or Unassigned Credit as appropriate: U.B.C. S.F.U. U. Vic. Other:</p>																							

J. Sunderson
 Course Designer(s)
B. Miller
 Dean/Child, Family & Community
 Studies/Psychiatric Nursing

[Signature]
 Vice-President, Instruction
P. H. Douglas
 Registrar

Subject and Course Number

N. Textbooks and Materials to be Purchased by Students (Use Bibliographic Form):

Selected Reading Materials
PNUR 710 Course Materials

Complete Form with Entries Under the Following Headings: O. Course Objectives; P. Course Content;
Q. Method of Instruction; R. Course Evaluation

O. COURSE OBJECTIVES

The student will

1. discriminate among selected therapeutic approaches
 - 1.1 identify therapeutic approaches most suited to client populations
 - 1.2 identify the level of intervention required
 - 1.3 identify the degree of complexity required in the therapeutic situation
2. describe selected self-growth techniques which are used to effect change in individuals or groups
 - 2.1 relaxation techniques
 - 2.2 exercise regimes
 - 2.3 biofeedback
 - 2.4 imaging
3. analyze the use of traditional therapeutic approaches to effect change in individuals or groups
 - 3.1 psychotropic agents
 - 3.2 electroconvulsive therapy
 - 3.3 milieu therapy
 - 3.4 crisis intervention
4. identify components of a health care system which affect health care delivery
5. identify components of a health care system which affect health care delivery
6. review psychotropic agents - indications for use, actions, dosages, side effects and contraindications
7. relate the general principles and underlying mechanisms of action of psychotropic agents
8. describe mechanisms that give rise to drug interactions
9. analyze effects of psychotropic agents on client populations across the lifespan
10. analyze the concept of therapeutic environment and its use in all client settings
11. describe ways to assist the client to establish networks within the community and health care system
12. describe roles of the psychiatric nurse and team members in establishing a therapeutic environment
13. identify formal and informal communication patterns between and among clients, nurses, team members and families

O. COURSE OBJECTIVES (Continued)

14. analyze the essential internal and external environmental factors which contribute to a therapeutic environment in all settings
15. identify decision-makers in the health care system
16. analyze the bases for treatment decisions in the health care system
17. describe selected health care models and their effects on decision-making
18. apply principles of effective decision-making in independent and interdependent situations
19. describe the impact of decision-making strategies in selected client and staff situations
20. analyze uses and abuses of physical restraint, seclusion and use of medications
21. analyze patients rights regarding treatment, informed consent
22. analyze the role of patient advocate

P. COURSE CONTENT

1. common therapeutic approaches
 - 1.1 most suited client populations
 - 1.2 most suitable level(c) of intervention
 - 1.3 selecting degree of complexity
2. self-growth techniques and target groups
3. indicators used to analyze traditional therapeutic approaches
4. client populations, their characteristics and needs
5. components of a health care system
6. psychotropic agents - review
7. general principles and mechanisms of psychotropic drug action
8. drug interaction effects
9. psychotropic agents and the life span variances
10. therapeutic environment review
11. networking
12. team roles in a therapeutic environment
13. systems use of communication patterns
14. essential elements of a therapeutic environment in all settings
15. health care system decision-makers
16. decision-making in treatment situations
17. health care models
18. principles of effective decision-making

Subject and Course Number

Q. METHOD OF INSTRUCTION

1. Self-study Print Materials
2. Reading Assignments
4. Tutor Assistance
5. Teleconference

R. EVIDENCE OF LEARNING

Evidence of learning is demonstrated through:

- (a) application of concepts to self;
- (b) application of concepts to clinical practice or field work; and
- (c) application of concepts to others.

The selection of evaluation tools for this course is based on:

1. Adherence to college evaluation policy regarding number and weighting of evaluations, for example a course of three credits or more should have a least five separate evaluations.
2. A developmental approach to evaluation that is sequenced and progressive.
3. Evaluation is used as a teaching tool for both students and instructors.
4. Commitment to student participation in evaluation through such processes as self and peer evaluation, and program/instructor evaluation.

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