

A: Division: ACADEMIC DATE: OCTOBER 3, 1994

 B: Department: SOCIAL SCIENCES New Course: X

 Revision of Course
 information form: _____

DATED: _____

 C: PSYCHOLOGY 331 D: INTRODUCTION TO PERSONALITY E: 3
 Subject & Course No. Descriptive Title Semester Credit

F: Calendar Description:
 The purpose of this course is to introduce students to theory and research in personality. Students will examine such topics as the assessment of personality, personality development, biological processes and personality, health and personality, defense mechanisms, personality disorders, and treatments aimed at modifying personality.

Summary of Revision:
 (Enter date & section)

G: Type of Instruction: Hours Per Week/

Lecture	<u>4</u>	Hrs.
Laboratory	_____	Hrs.
Seminar	_____	Hrs.
Clinical Experience	_____	Hrs.
Field Experience	_____	Hrs.
Practicum	_____	Hrs.
Shop	_____	Hrs.
Studio	_____	Hrs.
Student Directed Learning	_____	Hrs.
Other	_____	Hrs.
TOTAL	<u>4</u>	HOURS

H: Course Prerequisites:
 PSYC 200

I: Course Corequisites:
 NONE

J: Course for which this course is a prerequisite:
 NONE

K: Maximum Class Size:
 35

L: College Credit Transfer X
 College Credit Non-Transfer _____

M: Transfer Credit:
 Requested X
 Granted _____
 Specify Course Equivalents or Unassigned Credit as Appropriate

- U.B.C. PSYC 331 = PSYC 203
- S.F.U. PSYC 331 = PSYC 270
- U. Vic. PSYC 331 = PSYC 330
- U.N.B.C. PSYC 331 =
- U.C.F.V. PSYC 331 =

harty/Donker
 COURSE DESIGNERS

Elizabeth Peeler
 DIRECTOR/CHAIRPERSON

SM Selgo
 DIVISIONAL DEAN

P.H. Dign...
 REGISTRAR

Textbooks and materials to be purchased by students
(Use Bibliographic Form):

Students will be required to purchase a textbook such as one of the following:

Aiken, L.R., (1993) Personality: Theories, Research and Applications
Englewood Cliffs, NJ., Prentice Hall

Carver, C.S. & Scheier, M.F., (1992) Perspectives on Personality (2nd Ed.)
Needham Heights, MA., Allyn and Bacon

Liebert, R.M. & Spiegler, M.D., (1994) Personality: Strategies and Issues (7th Ed.)
Pacific Grove, CA., Brooks/Cole

Text will be updated periodically.

Complete Form with Entries Under the Following Headings:

O. Course Objectives; P. Course Content; Q. Method of Instruction;
R. Course Evaluation

O. Course Objectives

At the conclusion of the course the student will be able to:

1. Describe the history of personality assessment.
2. Describe how personality inventories are constructed and used.
3. Describe how projective tests of personality are constructed and used.
4. Distinguish between different types of validity.
5. Distinguish between different types of reliability.
6. Evaluate the validity and reliability of contemporary personality inventories.
7. Evaluate the validity and reliability of contemporary projective tests of personality.
8. Explain the interaction between personality and situational factors.
9. Describe the major theoretical perspectives of personality (i.e., dispositional, biological, psychodynamic, phenomenological, learning, and cognitive).
10. Describe research conducted to test the major theories of personality.
11. Evaluate the major theories of personality.
12. Identify and describe the five major personality traits.

13. Explain how the heritability of personality is assessed.
14. Identify the role of biological processes in personality development and change.
15. Identify the role of environmental process in personality development and change.
16. Identify and describe the major mechanisms of defense.
17. Evaluate the adaptive value of defense mechanisms.
18. Describe research on the relationship between personality and physical health.
19. Describe research on the relationship between personality and mental disorders.
20. Identify and describe the various personality disorders.
21. Describe methods of shaping personality.
22. Describe therapeutic techniques used to treat people with personality disorders.

Course Content

1. The History of Personality Assessment
2. Contemporary Methods of Assessing Personality
3. Personality Traits
4. The Validity of Personality Tests
5. The Reliability of Personality Tests
6. Theories of Personality
7. The Heritability of Personality
8. The Interaction Between Personality and the Environment
9. Physiological Correlates of Personality Traits
10. Psychological Correlates of Personality Traits
11. Personality Disorders
12. Modifying Personality Through Treatment

Q. Method of Instruction

This course will employ a number of instructional methods to accomplish its objects and will include some of the following:

- lectures
- audio visual materials
- group discussions
- computer simulated exercises
- classroom demonstrations

R. Course Evaluation

Evaluation will be carried out in accordance with Douglas College policy and will include both formative and summative components. Evaluation criteria may include exams, quizzes, literature review papers, oral/video presentations and research proposals/projects.

The specific criteria will be provided by the instructor at the beginning of the semester.

An example of one possible evaluation scheme:

2 Midterm exams (worth 20% each)	40%
Literature review paper	20%
Oral presentation of paper highlights	10%
Final exam	<u>30%</u>
	<u>100%</u>