

DOUGLAS COLLEGE  
COURSE INFORMATION

Page 1 of 5

A: Division: APPLIED PROGRAM

DATE: NOVEMBER, 1987

B: Department: SOCIAL SERVICES & ALLIED HEALTH  
Program: THERAPEUTIC RECREATION

New Course: \_\_\_\_\_  
Revision of Course \_\_\_\_\_  
information form: X  
DATED: July 1979

THERAPEUTIC RECREATION

C: TRT 480  
Subject & Course No.

D: PRACTICUM III  
Descriptive Title

E: 6  
Semester Credit

F: Calendar Description:  
In this practicum the student will continue to develop the ability to assess clients and write individual program plans; design, implement and analyze therapeutic recreation programs; apply effective leadership and professional skills. The student will also examine the administrative practices of a therapeutic recreation service.

Summary of Revision:  
(Enter date & section)  
Eg: Section C, E, F, & R

C, E, F, G, H, J, O, P, Q, R

	Per Semester	Hrs.
Lecture	_____	Hrs.
Laboratory	_____	Hrs.
Seminar	<u>20</u>	Hrs.
Clinical Experience	_____	Hrs.
Field Experience	_____	Hrs.
Practicum	<u>220</u>	Hrs.
Shop	_____	Hrs.
Studio	_____	Hrs.
Student Directed Learning	_____	Hrs.
Other	_____	Hrs.
<b>TOTAL</b>	<u>240</u>	<b>HOURS</b>

H: Course Prerequisites:  
TRT 380

I: Course Corequisites:  
NIL

J: Course for which this course is a pre-requisite  
NIL

K: Maximum Class Size:  
12

M: Transfer Credit:  
Requested \_\_\_\_\_  
Granted \_\_\_\_\_  
Specify Course Equivalents or Unassigned Credit as Appropriate:  
U.B.C.  
S.F.U.  
U.Vic.  
OTHER:

L: College Credit Transfer   
College Credit Non-Transfer

Geri A. Paterson  
COURSE DESIGNER(S)

B. Miller (Acting)  
DIRECTOR/CHAIRPERSON

[Signature]  
DIVISIONAL DEAN

P. H. [Signature]  
REGISTRAR

N: Textbooks and materials to be Purchased by Students  
(Use Bibliographic Form):

Reynolds, R. and G.S. O'Morrow, Problems, Issues and Concepts in Therapeutic Recreation. New Jersey, Prentice-Hall, Inc., 1985  
(\$38.75 1986)

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Complete Form with Entries Under the Following Headings:

- O. Course Objectives; P. Course Content; Q. Method of Instruction;
- R. Course Evaluation
- O. Course Objectives

The student will be able to:

1. apply individual program planning skills for two clients
2. design and analyze therapeutic recreation programs
3. apply and evaluate recreation leadership skills
4. consolidate professional skills as a therapeutic recreation practitioner
5. describe administrative practices of the therapeutic recreation service.

P. Course Content

1. Individual Program Plans

The student will:

- 1.1 assess the clients and document the information in an acceptable format
- 1.2 develop appropriate goals and objectives for the recreation plan
- 1.3 select recreation activities
- 1.4 implement the plan
- 1.5 monitor the plan and record progress notes
- 1.6 evaluate the plan and adjust if necessary

## P. Course Content (Continued)

2. Therapeutic Recreation Program Plans

In consultation with other team members, the student will:

- 2.1 design a minimum of three recreation programs (leisure awareness, special event and one other)
  - 2.1.1 apply techniques of needs assessment
  - 2.1.2 design purposes and objectives of recreation programs
  - 2.1.3 design implementation plans
    - 2.1.3.1 promote the programs
    - 2.1.3.2 organize equipment, supplies and space
  - 2.1.4 design the evaluation plan
  - 2.1.5 select the appropriate leadership style
  - 2.1.6 implement the recreation programs
  - 2.1.7 evaluate the recreation programs.

3. Recreation Leadership Skills

In consultation with other team members the student will:

- 3.1 describe the purpose and objectives of the program
- 3.2 inform the clients of the program
- 3.3 organize the materials, equipment and space
- 3.4 lead the program
  - 3.4.1 demonstrate several different leadership styles
  - 3.4.2 demonstrate the ability to change leadership styles when necessary
  - 3.4.3 demonstrate awareness of individual group members' needs
  - 3.4.4 adapt and change the recreation activities in the program when necessary
- 3.5 liaise with staff and volunteers
- 3.6 delegate appropriately to staff and volunteers
- 3.7 evaluate leadership.

## P. Course Content (Continued)

4. Professional Skills

The student will continue to:

- 4.1 demonstrate an ability to establish effective working relationships with co-workers and supervisors
- 4.2 demonstrate a willingness to accept constructive criticism and feedback
- 4.3 demonstrate fairness, sensitivity and respectfulness to clients
- 4.4 demonstrate resourcefulness, flexibility, reliability and enthusiasm on the job
- 4.5 demonstrate ethical behaviour
- 4.6 demonstrate an appropriate level of fitness
- 4.7 demonstrate appropriate grooming and areas
- 4.8 demonstrate an ability to deal with time and stress pressures.

5. Administrative Practices

The student will:

- 5.1 describe the organization of the recreation department
- 5.2 describe job descriptions and qualifications of recreation staff
- 5.3 describe the working relationships of the interdisciplinary team
- 5.4 describe the budget process used by the recreation department
- 5.5 describe the procedure used to recruit, orient, train and evaluate volunteers
- 5.6 describe the policies contained in the therapeutic recreation policy and procedure manual
- 5.7 describe the role of unions at the site.

- Q. The practicum will consist of a six week placement at a therapeutic recreation site. There will be classroom seminars to prepare students for the practicum and to discuss practical experiences in relation to theory presented in class.

- R. The college supervisor will observe and meet with the student on a regular basis. There will be regular three-way meetings among the site supervisor, student and college supervisor to discuss the student's progress and to provide feedback to guide the student to successful achievement of the course objectives. The site supervisor, student and college faculty will complete a Therapeutic Recreation Practicum Evaluation Booklet, which details the course objectives. Students enrolling in this course recognize and agree that site supervisors play a consultive role in their evaluations. The final decision regarding successful completion of this practicum will be determined by the college supervisor.

Successful completion of this practicum will be Mastery of course objectives.

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