

**Faculty of Science and Technology
Sport Science Department**

Form for use with:

Bachelor of Physical Education & Coaching
Sport Science Diploma



Douglas College

www.douglas.bc.ca

Informed Medical Suitability Declaration

This document is intended to:

- Provide you with information regarding the physical and emotional requirements for educational preparation and/or employment in your chosen field.
- Help you decide whether you have the physical and emotional health necessary for completion of educational preparation and/or employment in your chosen field.
- Provide Douglas College with information about emotional or physical challenges you may face so we can determine how best to accommodate your needs.

A physical or emotional challenge does not preclude you from acceptance. Our experience has taught us that knowledge by the student of the demands of our program, and knowledge of the student's by our department, leads to maximum success.

Information on the demands of training and working in this field:

The following list is provided as a general description of the physical and emotional demands of training for and working in fields related to Sport Science, Physical Education, Coaching, and other Recreation disciplines:

- Classroom and applied studies in the gymnasium or in alternate venues frequently requires small group work, public speaking and classes that range from two to four hours in length. This requires that you are able to stay mentally focused and have the necessary physical stamina.
- Students are expected to be open, willing to give and receive feedback, critically evaluate their own performance and make themselves available for group work and study outside of scheduled hours.
- Classroom and applied studies in the gymnasium or in alternate venues requires interpersonal communication, conflict resolution at times, and dealing with multiple learning styles in productive and mature ways.
- Fieldwork demands adherence to the highest standards of personal and professional conduct based on the field's code of ethics.
- Fieldwork requires travel and commitment to the fieldwork site and the goals of the fieldwork placement. This can create both additional reward and stress over and above traditional classroom only studies.

In signing this document, I am acknowledging and accepting the following:

1. Work and training in this field may place me in situations that are physically and/or emotionally stressful.
2. To obtain future employment in this field I will need to be able to demonstrate suitable physical and emotional health.
3. **Either a) or b) must be initialled**

_____ initials a) I am currently physically and emotionally capable of dealing with the stress of academic training and fieldwork

(OR)

_____ initials b) If I have an physical or emotional issues that may need to be considered in my training it is my responsibility to notify the program by completing the following:

1. I am dealing with the following medical or emotional needs:

2. This may impact my coursework, fieldwork, or applied studies in the following ways:

3. I am prepared to meet this challenge by:

4. It is my responsibility to maintain my physical and emotional well being throughout my training.
5. It is my responsibility to inform Douglas College if, for whatever reason, I am unable to meet the physical and emotional demands of the program during my training.
6. The information provided by me to Douglas College will be considered if concerns should arise related to my physical or emotional well being.

This is a confidential document between yourself and Douglas College. No information on this document will be shared outside Douglas College without your consent.

Print Name: _____

Student #: _____

Date: _____

Signature: _____